

Liberty Lutheran

Seeing Liberty in a New Way

We are trying something new.

Our *At Liberty* newsletter has been produced and mailed three times a year to keep you informed about what's happening all across our family of services. It typically includes twelve pages, with the exception of the donor edition, which often contains twenty.

Like so many other things, the cost of paper, postage and printing has grown significantly in recent years. In an effort to keep Liberty's expenses down, we looked at ways to save money with the production of *At Liberty*. We spoke with some of you to find out how you preferred hearing from us.

While some who responded prefer electronic newsletters, many still prefer receiving a printed copy. We also asked if two issues a year would be sufficient. The overwhelming response was that you like hearing from us more frequently, not less.

As a result of these conversations, Liberty created a shorter newsletter we call *Liberty at a Glance*. This publication takes the place of our traditional summer issue of *At Liberty*.

In it, we still highlight what's going on across Liberty, and how your donations are making an impact. There are less pages, so articles are briefer compared to what you see in *At Liberty*.

We hope you enjoy our premiere issue of *Liberty at a Glance*. We would love to get your feedback, and invite you to email us at communications@libertylutheran.org to send us your comments.

Lutheran Congregational Services



Half a Century in and Excited for What Lies Ahead

Liberty's Lutheran Congregational Services (LCS) turned 50.

What started as chaplaincy service in the Lehigh Valley has grown into an educational and social ministry organization serving Lutheran congregations within northeast and southeast Pennsylvania of the ELCA and Missouri synods.

From the beginning, LCS's ministries maintained a small staff with a strong network of congregations and volunteers who have helped tens of thousands of the most vulnerable. Many congregations, ministries, leaders, and communities contributed to what makes LCS what it is today.

In the coming year, we look forward...to looking back...on those 50 years. We will dig into the roots of Lutheran Chaplaincy Services of Lehigh Valley (1973), later renamed Lutheran Services of Lehigh Valley (1976). We'll explore the ELCA's founding of Lutheran Disaster Response in Allentown, with LS/LV becoming the appointed agency for disasters in the Northeastern PA Synod in 1998; thus, prompting a name change to Lutheran Congregational Services in 1999. In 2010, LCS joined Liberty Lutheran and expanded its ministry.

INSIDE:

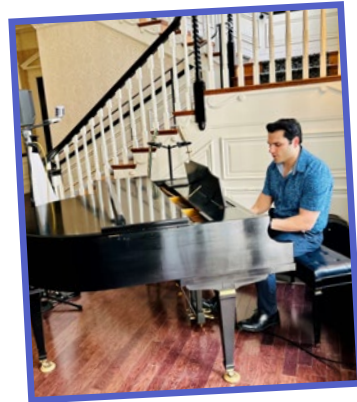
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What a Grand Gift



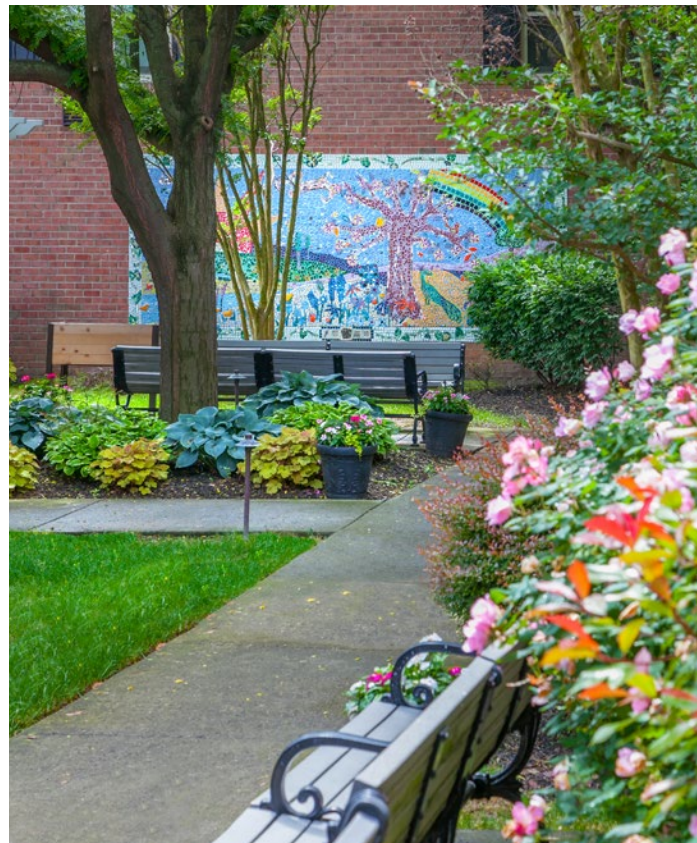
Chris G. plays familiar tunes by artists like Frank Sinatra, much to the delight of residents.

Cantor Stephen Freedman is a blessing to The Hearth in more ways than one. He's a steady part of the community, teaching classes and speaking on the Jewish faith.

He recently donated his grand piano and the cost to move it to The Hearth, where it enhances the foyer.

"We are delighted and grateful to have this beautiful gift," shares Dana Guyton, Executive Director. "The piano is in a great location for all to enjoy. Several of our residents play, and a very talented musician just signed up as a volunteer, starting this summer.

Music's magical power is its ability to bring us joy, reduce stress, ease anxiety and recall fond memories. It can also boost our moods and encourage us to move. Cantor Freedman's gift will continue to fulfill residents for decades to come."



Outdoor Spaces Nurture Spirits

At Paul's Run, residents and visitors are struck by the serene beauty and relaxing atmosphere of its enchanting outdoor spaces. The rocking chairs filled with animated residents chatting on the gracious front porch belie the quiet places.

In a small meditation garden, residents commune with nature, seated on shaded benches, surrounded by angelic statuary. A circular fountain trickles water amidst the flora and fauna.

In another space, residents relax in Adirondack chairs, under a trellis, beside a quiet water feature, as they gaze upon a colorful large mosaic wall they created situated between gently swaying trees.

Still others enjoy strolling smoothly paved walking paths encircling the community, leading to periwinkle irises, pink and white azaleas, and raised vegetable garden beds. Another expansive mosaic mural provides a backdrop to these gardens, alongside comfortable outdoor dining spaces, under a canopy of shade trees.

The beauty of nature throughout the community nurtures spirits while it relaxes the mind and body.

The Fish Philosophy



The Fish Philosophy emerged from Seattle's Pike Place Fish Market. Their passion inspired a world-renowned program. Across Liberty, each community customizes the concept for their employees.

Wendy Petro, Executive Director at The Manor, shares, "The Fish Philosophy is a great way to recognize our phenomenal team throughout the year. When residents or fellow staff 'catch' an employee going above and beyond their duties, or exhibiting an extreme act of kindness or positive behavior, they give them a Fish Card, summarizing their exemplary deeds. Cards are placed in a drawing for prizes."

Team members were recently recognized for their Fish Cards at a quarterly celebration. They enjoyed delicious pizza, camaraderie, and prizes awarded to the winners.

"Every day I see staff fully engaged with all their heart, no matter what they're doing," adds Wendy. "The Fish Philosophy is a great way to draw attention to their passion in a way that shows them just how much we appreciate them."

Breakfast to Start the Day



We've always heard that breakfast is the most important meal of the day, and for good reason. It fuels our body and keeps our blood sugar steady throughout the day. A healthy breakfast can also support our digestion and bones.

Using part of a grant for food insecurity from The W.W. Smith Charitable Trust, this winter the West Philadelphia Senior Community Center added a healthy breakfast to their services. Thanks to additional funding from the Pennsylvania Department on Aging, the program will be extended longer.

"We are very excited to receive this additional funding," states Rose Richardson, Executive Director. "Members look forward to starting their day with their choice of a hot or cold breakfast. It's important because many older adults don't get enough calories and nutrition. When they can start their day eating right, they are more alert and feel positive for the rest of the day."

39th Artman Golf Outing

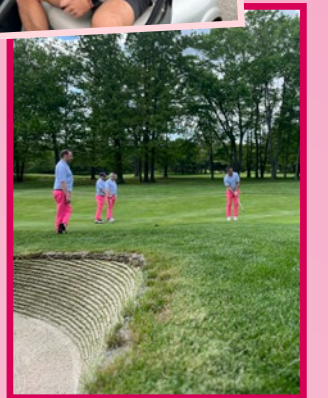
The 39th Artman Golf Outing to support Artman's Benevolent Care Fund was held at Talamore Country Club on May 13th, 2024. Located amidst 340 beautiful acres in Ambler, PA, Talamore's course generated excitement and interest as it presented new challenges for the 108 golfers who participated.

The day's event featured fun competitions throughout the course and an auction of 38 items which were donated by sponsors, area businesses and individuals. New this year was the "Spring Wreath" raffle item of gift cards and cash valued at \$500.00, including \$20.00 in scratch-off lottery tickets.

Artman is especially grateful to Sodexo, our Title Sponsor, for their generosity in supporting this event. This year it raised over \$60,000 net, and cumulatively \$1.15 million over the years for benevolent care.

The golf outing began 39 years ago after Artman's beloved friend and supporter, Stuart Alan "Stu" Johnson, passed away suddenly. To honor his many contributions to Artman, a group of board members along with others from Upper Dublin Lutheran Church organized the first golf outing, and it's been growing every year.

Stay tuned as we make plans for our 40th Anniversary.



Nittany View Villas

Stay tuned for upcoming news from The Village at Penn State. Initial planning has begun for the proposed Nittany View Villas. Luxury apartment homes will be built into two exclusive buildings, consisting of 10 homes with garages and additional amenities in each. The new buildings will accommodate social gatherings in a top level clubroom with an adjoining terrace, offering stunning mountain views. There will also be a fitness/wellness boutique space built into

each building and the homes will be adjacent to extensive walking trails and woodlands, making the setting extremely attractive.



All plans subject to change. Artist Rendering subject to change.



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LibertyLutheran.org



ArtmanHome.org
215-643-6333



BecomingCenter.org
215-643-9908



PaulsRun.org
215-934-3000



ManoratYorkTown.org
267-488-0398



The Hearth
..... at Drexel

TheHearthatDrexel.org
610-771-1200



VillageatPennState.org
814-235-8900



WestPhilaSeniorCenter.org
215-386-0379



LutheranCongregationalServices.org
267-464-7740